

get into the Outdoors

shadwell
basin

11 to 18
Year Olds

OUTDOOR ACTIVITY CENTRE

with our Multi Activity Challenge

Canoeing . Kayaking . Climbing . High Ropes . Rowing



Adventurous activities are safe, enjoyable and challenging

They help you to gain confidence through exploration and learning new and exciting skills. They are stimulating, increase fitness and allow you to express yourself.

Let the challenge begin

Only £24 for 8 X 3 Hour Sessions

You can book on either of the challenge courses below.

Summer 1

Wednesday's 5.30pm to 8.30pm

May 21st, 28th, June 4th, 11th, 18th, 25th,
July 2nd & 9th

Summer 2

Wednesday's 5.30pm to 8.30pm

September 3rd, 10th, 17th 24th
October 1st, 8th, 15 & 22nd

Shadwell Basin Outdoor Activity Centre, 3-4 Shadwell
Pierhead, Glamis Road, London E1W 3TD

Visit: www.shadwell-basin.org.uk or email:
information@shadwell-basin.org.uk Call: 020 7481 4210

Sportivate

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