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Peter Fletcher Maintenance Co-ordinator
William Tytler Youth Activities Co-ordinator
Mike Wardle Centre Director

Ashley Wyatt Seconded from British Rowing

Goodbye, Good Luck and Best Wishes to:

Peter Fletcher

The Centre wishes to thank:

Aldgate and Allhallows Foundation Bank of England Bench Blisters Rowing Team British Rowing Canary Wharf Ltd CVB Tideway

The Centre is fortunate to have many supporters and volunteers who assist it in providing challenging, exciting and worthwhile activities for the local community. We wish to thank everybody who has given their time, energy and enthusiasm.

East End Community Foundation
Jack Petchey Foundation
London Borough of Tower Hamlets
London Community Foundation
London Dock Community Fund
Sport England



Chair's Report

This has been a significant year for the Centre, with a lot of change, but not all of it positive. Happily this year we have managed to make a small surplus, however there are serious threats to our ability to continue to deliver the exceptional work that you will find detailed further on in the report. The report covers our financial year from April 2016 to March 2017, but writing this in early November I will refer to a few things here, that are technically 'in the future' as they are so significant for us.

A massively positive step forward was the construction of our new slipway, built for us by the Tideway Tunnel (or super sewer), which completed in late spring 2017. Throughout the build process the Tideway team went to great effort to minimise the impact on our operations of quite a large construction project in the heart of our site. This has proved to be a fantastic asset, not only does it address the operational problems we would have had once the work in the park next door commenced, but it provides much safer and easier access to the river for all our activities. I'm delighted to report that we have subsequently made more use of the river in our work with young people, and expect this to continue to expand.

Bad news came in the form of LBTH not renewing nearly all their support of our youth programme. They had provided about £45k of the approximately £125k we spend on youth club provision (the rest is made up from other grants and earned income, with a small contribution from users through session fees). This isn't altogether a surprise, but having celebrated our 40th anniversary in summer 2016, we now, for the first time in our history do not have local authority support for the bulk of our youth provision. No one has suggested that this is any kind of reflection on the quality, or value, of the work we undertake, it's simply a consequence of reduced local authority budgets and changes in LBTH's internal organisation following the Mayoral scandal. The silver lining of this particular cloud has, for us, been the realisation of the high regard in which this programme is held. In particular, Aldgate and Allhallows Foundation are actively working with us to help fill some of the gap. However, if we cannot produce a realistically balanced budget for next year we will have to consider cuts to our activities and staffing (which is the vast bulk of our expenditure). We are a small organisation and the implications of reductions in staffing resource are serious: whilst we may pay for posts with income streams from particular pieces of work, we are much greater than the sum of our parts. Losing one of those parts will have an impact that goes far beyond that work. Needless to say we will not lightly consider cuts to the youth programme, which is at the core of our identity: but we cannot do work, no matter how important (or cost effective), if no one will pay for it.

Peter Fletcher, our very long-serving boatwright, retired this spring after 29 years. I'm very sorry to see Pete go, he's been a calm, kind, reliable and positive influence on us all for many, many years. This disappointment was offset, a little, by being able to promote Rob Edwards into the role from the Sport England funded Inclusion Co-ordinator post. He's been so successful in this that we have actually won a further year's funding and been able to appoint Dan Cantwell to the Inclusion Co-ordinator post as of April 2017.

Looking ahead, beyond the financial uncertainties, there are some other big projects in the offing: we hope to work up plans over the next winter to enable us to add a significant extension to the building. Our primary aim here is to improve our ability to generate earned income through increasing our changing room facilities, but we'll also try to improve other facilities too. We've also partnered with the Turk's Head Charity to establish a new charity to build and run a Lido in a part of the dock. This has now received planning consent and the work is now underway to fund the construction.

Finally I must say thank you to the staff team, and the volunteers in the adult clubs and management committee, without all their efforts we would not have achieved any the fantastic work detailed in the rest of this report.

Tom Henderson November 2017

Centre Activities Report

2016-17 has been an exciting and special year of providing outdoor and adventure activities to the whole community at Shadwell Basin. The wide range of activities, affordable costs for all and the focus on the development of young people make the Centre a unique place within Greater London on the continuation of our 40th Anniversary year.

The activities at Shadwell Basin are used by both adults and young people alike as a vehicle for change and development, creating opportunities, testing abilities, exploring emotions and values, experiencing concepts like teamwork and leadership, creating a healthy lifestyle, enjoyment, fun and friendship as well as training and employment.





All that come here involve themselves deeply, each for their own reasons. From the structured learning 'Pathways' of the youth project and club training sessions to the freedom within the natural environment gained through exploration and competition. This creates a positive atmosphere where all are welcomed and all are encouraged and when sadly they do leave, they leave a better person than they came.

2016-17 was about individuals and groups pushing their limits, lookina forward but remembering the past and where Shadwell has For the clubs, staff and young come from. trainees this has meant professional development with numerous people gaining qualifications and expeditions exploring the country. For the young people it has meant expeditions here and abroad as well as winning medals in competitions and gaining awards through National programmes.



There has been a big drive by clubs, parents and staff to raise money in this special year to assist in delivering all these opportunities. We would like to extend a big thank you to everyone for this.



To an individual, young or older, the Centre offers a journey once they come through the doors. Stretching everyone through challenging situations gives the individual an unforgettable experience that enables them to learn about themselves and others. The consequences of which, from beginner to experienced member, are that they develop into a holistic person with a positive attitude, giving them answers to problems and arming them to cope with adversity in the face of difficulty.

Youth Activities

In 2016-17 276 young people in the youth project have taken part in 61 sessions and 52 days of challenging and adventurous activities with a total of 5,901 attendances.



In this special year the young people have certainly been pushing the boundaries of what is possible. The highlight of the year was the Senior Youth Expedition to climb Kala Patthar in the Nepal Himalayas. In addition to regular activity sessions, endeavours took younger members on an expedition to Scotland, as well as an incredible Duke of Edinburgh programme with nineteen awards passed in 2016 and a further fourteen registered to start for 2017. The Girls Can Adventure group has tripled in size and sessions for 5 to 8 year olds are always full.

The Summer Project 2016 saw a higher retention rate than 2015 with 259 young people participating in activities over 25 days, with 3,324 visits in total. In an area that has one of the highest child poverty rates in the UK it is more important than ever that the Centre continues to provide high quality activities at an 80% subsidy so that all local young people, whatever their circumstances, are able to take part.





The high quality teaching is recognised by the Learning Outside the Classroom Award that the Centre has achieved. This is down to the unique 'Pathways' structure which allows participants to progress through practical challenges and get accreditation for them. This year in particular has seen a large number of young people progress to a higher level of skill and performance. The result of this is seen in what the young people can now accomplish but also will positively affect what they can achieve in the future when it comes to competition and training for leadership.

Among all of this the values of the Youth Project cut across all activities, not just instilling worthwhile personal and social development with such concepts as respect and motivation, but enshrining friendship which enables a fully inclusive approach to youth work.



"I enjoyed meeting lots of new people and having fun with all the leaders and participants whilst taking part in lots of activities."

Competition and Recognition

At the London Youth Games Regatta the youth project represented Tower Hamlets and won the Silver Medal overall for Kayak Sprint and Bronze overall in Kayak Slalom. The young people are also recognised by their peers and the staff with the Jack Petchey Awards which are based on endeavour and performance.



Duke of Edinburgh's Award

The Centre first ran a D of E programme in 2015 and this year a large group of 19 young people took part in the scheme, all at Bronze level.

The group attended workshops on essential skills before embarking on their training expedition in Bewl Water / Bedgebury Forest. Carrying all of their equipment for the first time was a real challenge, but the whole group worked very hard throughout the expedition to navigate their way around the route and organise their camp and food.



All of the group also undertook their physical, volunteering and skills sections of the award during the year, showing commitment to completing the requirements in all areas of the award.







By the time of the assessed expedition on the South Downs the team were well prepared and ready for the challenge. There were difficult weather conditions to contend with as well as steep hills, fields of cows, heavy rucksacks and sore feet. At some point during the expedition everyone in the group pushed themselves to their limit to complete the task at hand and there was a massive sense of achievement when the group came down the last hill to meet the minibus, muddy, tired but happy.



The programme has been a very successful addition to the Centre's timetable, complementing the work within the wider youth programme and instilling a sense of independence and achievement in the participants. In 2017 there will be a group undertaking their Silver Award as well as a new group of Bronze participants.

Offsite Trips

An important part of the Centre's activity programme is to enable young people to take part in activities in the outdoor environment. Here they can challenge their learnt skills and abilities through adventure against the elements. This is done both with day trips and residentials away from home.



This year was a busy one for trips with Bronze D of E expeditions, a junior residential to Kent, a self sufficient canoe journey on the River Wye, day trips to venues including Bewl Water, the Ashdown Forest and Epping Forest and an extended summer expedition to the Cairngorms. The most ambitious trip this year was the expedition to Nepal which you can read about elsewhere in the report.

Most of the residentials are camping based and the young people take part in campcraft and cooking as well as having the opportunity to extend their experience of the activities. These ranged from rock climbing and hill walking to wild bivis, mountain biking and canoeing on white water.



Twenty youth club members went on the summer expedition to the Cairngorms, which was a fantastic trip to one of the UKs most iconic wilderness areas. The group enjoyed a full packed week of activities as well as having the opportunity to try haggis, neeps and tatties, take part in the "Shadwell Highland Games" and experience Scottish midges.







The comments below are in answer to the question "What did you learn on the summer expedition?" and are testament to the experiences shared.



"To make something happen you have to be part of making it happen."

"You don't have to be the same age as someone to be their friend."

"Staying away from your family makes you love them more."

"You have an adventure as soon as you wake up."

40th Anniversary

This year marked 40 years of the Centre providing life changing experiences to local people through the provision of outdoor activities.

There have been over 670,000 visits since 1976















The anniversary was commemorated by special events and expeditions, the first being a Celebration Day in July. This day started with a flotilla of sailors, kayakers and rowers coming up the river to land at Shadwell. All of the Centre's craft were represented, from the oldest such as the trusty workboat "Shadwell" to the newest additions, the Skerries.







The flotilla of over seventy people was made up of current and past youth club members, staff, parents, all three Centre Directors, management committee, friends and family and were welcomed back to the Centre by lots of familiar faces from throughout Shadwell's history.

















Funders have contributed nearly £10m to enable the Centre to provide life changing experiences



















Over 4,800 hours of activity have taken place during summer projects

The day then got started onsite with an open day of activities, and music and stalls on Brussels Wharf. Celebrations continued into the evening with a Ceilidh and the last party goers were still dancing at the Silent Disco in the early hours!

Over 200 people have gained National Governing Body coaching awards and have gone on to pass along their skills and experience to others



















Over 60,000 people have taken part in the activities







Residentials also played a big part in marking the anniversary. A special extended summer expedition to the Cairngorms was arranged for the under 16s, whilst the older youth members took part in the international expedition to Nepal. These were fitting events to celebrate the achievements of the past 40 years and to inspire the next generation of the Shadwell family.















'A journey starts with a single step', which is always the hardest one, and what unites us here in this community is the will to want to not only tread the steps of our own journey but to help and assist others in theirs and share in that experience. We must help them to discover, learn, grow, laugh and be better, scale heights, see sunsets at sea and be on the tops of mountains at dawn and realise their dreams.













Schools Report

The Centre has a busy, year round, programme of activities for schools. Over 3,500 students visited the Centre this year with over 9,500 attendances taking place. May to July was the busiest time as usual, with up to 700 students each week attending sessions in kayaking, canoeing, climbing, mountain biking, rowing and high ropes.



The Centre is proud of the quality of its coaching, planning and safety, which has been recognised in inspections and in the award of the Learning Outside the Classroom Badge. Sessions focus on building confidence and independence, encouraging students to try activities and challenges that they wouldn't have the opportunity to in traditional team sports.

Staff work together with schools to develop tailored programmes that enable students to take part in regular physical activity, have fun and learn new skills. The programme includes one off taster sessions through to activities focused on accredited awards, GCSE and, for the first time, A Level programmes.

GCSE and BTEC programmes were once again popular with visiting schools this year and around 160 students completed assessments in rowing, kayaking, climbing and mountain biking. Grades were high in all activities, with around 80% of students achieving 70% and above, reflecting the hard work put in by students and staff.





The programmes for 5-8 year olds were well attended and local schools visited year round. Students participated in a mixture of activities on the land and water, with emphasis on developing teamwork and self esteem.

The quotes on this page from visiting schools demonstrate the value of the Centre's programme to local school students and teachers.

"The students and the staff had the best time and many students are already pleading for me to organise another trip for them! Thank you all so much for giving them a wonderful day full of fun and experiences."



"The pupils not only learn skills and techniques which have opened up new interests and hobbies for themselves, but even more importantly, they have learned the importance of teamwork, of supporting others, and they have been given opportunities to practice leadership skills."

Kala Patthar Challenge

As part of the 40th anniversary celebrations a group of twelve Shadwell youth members and staff travelled to Nepal in October 2016 for a three week expedition to trek to Kala Patthar and also to undertake a project at Monjo School in the Everest Valley.



It took over a year to plan, prepare and raise the £28,000 needed and a huge effort was undertaken by Shadwell staff, the Kala Patthar Challenge team and their parents and families. Many individuals, club members and independent individuals and organisations also contributed.

This expedition to the Himalaya was truly a trip of a lifetime. The team trekked for 15 days by foot, from Lukla to Kala Patthar, where they summited at 5,555 metres and watched the sun set on Everest before descending in the dark. On the journey there were some spectacular sights both visually and culturally. Being surrounded by many of the highest mountains in the world was truly awe inspiring, especially seeing Mount Everest (8,848 metres). The team also visited Buddhist monasteries and cultural sites in Kathmandu and on the trek.





On the return trek the team undertook a project at Monjo School. The group led lessons at the school for the day, in Maths, Art, Sports and English Literature. The day concluded with the presentation of equipment for the school and down jackets for each student, the extreme cold being a real barrier to attendance and learning during the winter months.

The expedition was an experience that enriched the lives of the whole team so much. The quote below from one of the team members sums up the challenges and achievements of taking part:



"This experience most definitely taught me something, it gave me something to aim for, it meant I had to work closely with other people, I was part of the team, I took on many challenges, I overcame many obstacles, I found it hard, I learnt about another culture, it opened my eyes up to poverty and destruction in our world, I reached a place many others may not in their lives, it has changed me as a person, it has changed my life!"



Inclusion Programme "Adventure for All" and "Adventure Together"

2016-17 was the third year of the Sport England funded programme 'Adventure For All', and it looks like Sport England will be funding a fourth year such is the success of the project. This project continues to over achieve with its targets and create some very emotional and special moments.



So far, ten months into the third year, the project has worked with 506 individuals who attended 655 sessions with 2,959 visits. This has been from a combination of visiting schools and groups and individuals attending the youth programme.

As well as visiting groups such as Marjorie McClure and Aquabats the programme supports regular school groups from; Beatrice Tate, Elm Court, and St. Peters, also running special events such as the Stepney Schools Partnership 'Paralympic Day'.

"Thank you all so much for a brilliant day on Friday. The group had a wonderful time & have been telling anyone who will listen all about it!"

The holiday programme which was started in partnership with referrals from Tower Hamlets Integrated Services for Disabled Children ran for three days a week in the holidays and half terms with a regular attendance of six young people. This has developed into an opportunity for young people with disabilities to have a clear exit route to integrate into the mainstream youth activities programme.





The programme 'Adventure Together' was funded by East End Community Foundation for the first two years to get it off the ground. This programme is unique and a revolutionary development for young people with disabilities doing outdoor activities and adventure sports.

The staff have used innovative ways of adapting both equipment and sessions to create opportunities for challenge and success for participants. This was assisted by Ashley Wyatt, a Rowing Coach seconded to the Centre by British Rowing, and a further grant of £10,000 to take indoor rowing to off site venues. The quality of the programmes were also highlighted by the fact that the Centre now holds both RYA Sailability and British Canoeing Paddle-Ability Awards.



Special Projects & New Developments

Fundraising

This year there was a focus on raising funds to enable the additional activities and expeditions to celebrate the 40th anniversary to take place. The Bench Blisters once again took part in the Great River Race, raising over £10,000, an amazing achievement. There were also fundraising events throughout the year, such as Salsa Nights and a Quiz Night, whilst members of the youth club participated in the London Kayakathon, a 26.2 mile kayak on the Thames as part of their fundraising efforts. Thank you to everyone involved in fundraising this year!





Coach Training

Six members of the youth club further developed their leadership skills and began training to become coaches. This training is very important in encouraging young people to become the leaders of the future. The group worked hard to improve their skills and all of them successfully gained the British Canoeing Coach Level 1 Award, going on to volunteer within the summer holiday programme, passing on their new knowledge and skills to other local young people.

Junior After School Club

After running pilot sessions for children aged 5-8 the Centre expanded this programme in 2016, offering regular after school activities throughout the summer months. The sessions were received very positively and were mostly fully booked, with 45 young people attending fun sessions, learning basic skills in the activities and building independence. These sessions will be included in the programme on a regular basis in the future.



Adult Taster Sessions

Another expansion to the Centre's programme this year was the regular inclusion of Saturday taster sessions for adults in sailing and kayaking. These sessions have been popular and give a pathway for new participants to join in with courses and club activities.



New Slipway

At the end of March 2017 the first works took place to build the new slipway into the Thames. It was very exciting to see the jack up barge arrive in the lock entrance, ready to start piling in the supports. The slipway is being funded and built by Tideway as part of the mitigation process for building the new Thames Super Sewer Tunnel. It is hoped that the slipway will be completed in June 2017, ready for the busiest part of the summer season. We would like to thank Tideway for their support in making this happen.

Shadwell Sailing Club

The main highlight for the club this year was taking part in the River flotilla which celebrated Shadwell's 40th year. It was a lovely opportunity to see previous members of the club and to chat about sailing adventures from the past.



The core members of the club continue to work hard to provide training opportunities and a structure of events for new members. Having two of our own members qualify as powerboat instructors has enabled us to increase the number of safety boat drivers. This will undoubtedly help the Club to continue to grow as we look forward to the new season.

The club continued its traditional Tuesday evening sessions. The scheduled novice evenings attracted some new guests, and we were able to provide a more organised introduction to sailing on the river. As always some people have stayed, whilst others have sailed a small number of times and moved on.

A programme of weekend sailing also took place with a number of sails down towards the Thames Barrier, with the Vicky J being used for upriver sails. We were also on hand, (securely moored up outside St Katharine's) to welcome back the yachts from the Clipper Round The World Race.



A number of our members took part in cruises at Brightlingsea, run by the North London Youth Sailing Trust. A small number of our members also took part in Level 3 and seamanship courses to further improve their personal skills and qualifications. Sailing also took place during the winter months on the dock, which gave members the opportunity to try boats not usually available on the river.

The system for raising and lowering the masts has worked quite well which has speeded up the rigging process and reduced the number of capsizes on the moorings during bad weather.

It has been a fairly good year for the club. Hopefully with the introduction of the new slipway next year we can make sailing more accessible and safer for all who want to sail with us on the river.





Tower Hamlets Canoe Club

The Canoe Club has 130 adult members of which about 50 come regularly every Tuesday to paddle on Shadwell Basin and the river Thames. The club is very active with members paddling on rivers, lakes, and the sea in Britain and overseas, in open canoes, white water boats and sea kayaks. Many members paddle more than just one craft and several engage in all disciplines.



The club is run by members for members and encourages everyone to learn and progress in their personal paddling and in coaching and leading others. The club recognises the importance of members cascading skills to others and subsidises training for our coaches.

On any given Tuesday night a beginner course takes place, as well as regular coaching towards 2*. The coaching expertise within the club spans from L1 to new L3 coaches. The River Thames provides a perfect environment for sea kayaking and at least one group paddles on the river every Tuesday. This year several club members achieved 4* leadership award in sea kayaking, white water and open canoeing.





Being based in London and at Shadwell Basin offers the club a great opportunity to run exchanges with clubs and groups of paddlers from other clubs within London, Britain and overseas. These exchanges are mostly reciprocal. The club works closely with the PLA on safety on the river. This year our members again provided leadership support for the Kayakathon, when up to 50 people paddled 26.2 miles on the river through the City of London.

THCC members continue being supportive towards Shadwell Basin Outdoor Activity Centre, and in their bid to raise money to subsidise activities.







Statement of Financial Activities Summary of Income and Expenditure for the year ended 31st March 2017

	Unrestricted funds	2017 Restricted funds	Total funds	2016 Total funds
	fullus	fullus £	£	£
Income and endowments	2	2	~	2
Donations and legacies	34,209	88,349	122,558	73,594
Charitable activities	121,332	76,153	197,485	156,448
Other trading activities	45,636	-	45,636	44,419
Investment income	6,969	16,721	23,690	24,679
Total income	208,146	181,223	389,369	299,140
Expenditure				
Expenditure on raising funds:				
Costs of other trading activities	_	-	-	4,545
Expenditure on charitable activities	229,365	147,630	376,995	340,716
Total expenditure	229,365	147,630	376,995	345,261
•				
Net gains (losses) on investments	12,318	30,716	43,034	(31,074)
,				
Net income (expenditure)	(8,901)	64,309	55,408	(77,195)
, , ,				
Transfers between funds	31,079	(31,079)	-	_
	- ,-	(- , ,		
Other recognised gains and losses				
Net movement in funds	22,178	33,230	55,408	(77,195)
2.000	, •	,	,	(11,120)
Reconciliation of funds				
Total funds brought forward	129,906	372,062	501,968	579,163
Total funds carried forward	152,084	405,292	557,376	501,968
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This summary of income and expenditure and the balance sheet opposite are extracted from the full audited accounts, copies of which are available from the Centre.







Balance Sheet as at 31st March 2017

	2017		2016
	£	£	£
Fixed assets			
Tangible fixed assets		4,966	14,568
Investments		524,029	511,428
		528,995	525,996
Current assets			
Debtors	16,397		43,054
Cash at bank and in hand	25,604		20,629
	42,001		63,683
Creditors: amounts falling due within one year	13,620		87,711
			()
Net current assets		28,381	(24,028)
Total assets less current liabilities		557,376	501,968
Net assets		557,376	501,968
Funds of the charity			
Restricted funds		405,292	372,062
Unrestricted funds		152,084	129,906
Total charity funds		557,376	501,968

For the financial year to 31st March 2017, the Centre's incoming resources were £389,369, an increase on the previous year due to a sustantial grant from Aldgate & Allhallows Foundation, a host of successful smaller grants and an increase in schools income as well as successful fundraising and donations.

The Centre's expenditure was £376,995 which is higher than the previous year due to higher running costs and expenditure on the 40th Anniversary. The major component of the expenditure is represented by salaries and associated employers costs at £219,646. Even though there were wage rises and the introduction of the work based pension a new staffing structure made small efficiency savings.

The surplus of £55,408 is due mainly to historical overpayments of £44,903 from Tower Hamlets Council between 2007 and 2009. A number of written notifications from the Centre to the Council did not result in the finances being taken back resolving the matter at the time. Due legal process means these figures have now been put through the accounts. Before this for the 2016-17 accounts and after investment adjustments the Centre had made a small surplus of £10,505.

Investment income of £16,721 in the restricted funds has been allocated and expended to meet the undertakings of the lease and licence agreements.

The Centre has continued to provide high quality services and facilities to as many users as possible. The Trustees and Directors have continued to work with the staff and volunteers to manage the Centre's service to comply with our Charitable Objectives within the resources available.

The Centre remains dependent on grants and donations from charitable trusts and businesses. During the coming year we will continue to seek support from appropriate bodies and grant giving organisations based on our achievements and value to the community. This will be particularly difficult in the face of Local Authority cuts. However, we will continue to honour our commitment to provide affordable outdoor activity opportunities for the young people and community of Tower Hamlets.

Groups who used the Centre throughout the year



9th Tower Hamlets Scouts 31st Tower Hamlets Air Cadets After Adoption Alleyns School Alongside You Aquabats **Beatrice Tate School** Bench Blisters Rowing Team Bigland Green School Bishop Challoner School Blue Gate Fields School Bygrove School Canaan Project Childrens Society Chobham Academy Christopher Hatton School City Gateway Columbia School **Dallington School** Date Palm School **Docklands Dive School Dorset Community Association Dunraven School** East London Tabernacle Church Elm Court School **Exploration Society**

Fit & Happy Outdoors

Flow Studio Green Gables Montessori Heathside High School Lansbury Lawrence School **LBTH Childrens Services** LBTH Play Factory Lister Community School London Block Management Ltd London Enterprise Academy London Kayakathon Lubavitch Boys School Marion Richardson School Marks & Spencer Romford Melanie Christou Pilates Mockingbird Foster Carers NCS The Challenge Norwood School Oaklands School Pierhead Montessori **Predators Martial Arts** Prince's Trust Product of a Postcode Raines Foundation React First Aid Redlands School Royal London Society for the Blind

RPC St Annes School St Pauls Cathedral School St Pauls Way Trust St Pauls Whitechapel St Peters School **SEAPIA** Sanctuary Housing Assoc. Shadwell Sailing Club Southwark Youth Offending Stepney Green School Stepney Partnership Schools Steven Hawking School Stewart Headlam School Stifford Centre Sussex House School Thomas Buxton School Tower Hamlets Canoe Club **Tower Hamlets PRU Tower Hamlets Youth** Sport Foundation Virginia School Westminster Abbey Choir Sch Woodcraft Folk London Woodcraft Folk Wimbledon

Help us to change young people's lives

Many young people have told us how participating in the activities of the Centre has been a life changing experience. These changes are mainly either by going on to greater adventure and challenges in the world wilderness areas or by gaining the confidence, determination and inspiration to improve their expectations of what they can achieve. We will only be able to continue to do this with your help and support!

Shadwell Basin is a sparkling seven acres of water, the last remains of the great London Docks in Wapping, overlooked by St Pauls Church where Captain Cook was a parishioner. The Pierhead site, where the Centre buildings stand, is a small haven with amazing views across the Radcliffe Reach of the River Thames, where in the past famous mariners such as Sir William Burrough and Martin Frobisher left on voyages of adventure and discovery. In 1976 local parents and community leaders had the vision and determination to start the transformation from what was a derelict dock into a Outdoor Centre now providing the widest range of adventurous activities available in cental London.

How can you help?

If 150 people raised or donated £2 a week it would make a huge difference to our fundraising efforts. Donations can be made directly on our page at www.virginmoneygiving.com or through our website www.shadwell-basin.org.uk. We are also registered on the Charity Aid Foundation's "Give as you Earn" scheme with a registration number of 000456246. Many companies will also match what employees donate so why not check out how you can get your employer involved in making a contribution.

If you have any ideas on how to support the Centre or would like any further information please contact information@shadwell-basin.org.uk or give us a call on 020 7481 4210. Thank you for your help.

How to find us:

Shadwell Basin Outdoor Activity Centre 3-4 Shadwell Pierhead Glamis Road London E1W 3TD

Nearest bus 100 or D3 Nearest station Shadwell DLR or Wapping East London Line Overground

