The Centre has been recognised by Learning Outside the Classroom for the high quality of instruction and learning experiences. It also holds a licence from the Adventure Activities Licensing Authority and is approved by British Canoeing, the Royal Yachting Association and British Rowing. All of the activities are run by qualified and experienced coaches, holding current first aid certificates and with valid DBS checks. Risk assessments are available for all of the activities.

Shadwell Basin Outdoor Activity Centre

shadwell basin

UTDOOR

Climbing

CTIVITY CENTRA

Kayaking

Canoeing

Rowing

Shadwell Basin Outdoor Activity Centre 3-4 Shadwell Pierhead, Glamis Road, London E1W 3TD Tel: 020 7481 4210 www.shadwell-basin.org.uk Email: info@shadwell-basin.org.uk Reg charity 293475 Company limited by guarantee 1975481



IBC.

Outdoor Adventurous Activities Enable your students to reach their potential and attain the best grades possible through high quality coaching on our Edexcel and AQA assessed programmes. "Thank you so much for your perseverance and hard work with my year 11 girls. Their final grades are testament to your professionalism, knowledge and desire to get the best out of the students. The results will have a huge impact on their final grade and this is why I always use you for my GCSE classes." Bishop Challoner Catholic Collegiate School

The Centre has a proven track record of twenty years of delivering assessed educational programmes. Through differentiated learning we support individuals to enable them to attain the best grades possible. In 2017 90% of GCSE students achieved 70% and above in their practical assessments.

Our programmes generally run as twelve weekly progressive one hour sessions, enabling students to build their skills gradually, preparing them fully for assessment. Sessions are delivered at our river side base and also at offsite venues for some assessments. An example programme for GCSE Climbing is shown below:

Edexcel GCSE Climbing Programme

- 1 Introduction to syllabus, B1 equipment and safety rules. First climb, ropework and tying in.
- 2 Climbing calls, group belaying, climbing techniques.
- 3 Isolated skills on indoor climbing wall.
- 4 Communication and knots, introduction to solo belaying.
- 5 Further solo belaying and development of climbing techniques.
- 6 Route choice and applying techniques.
- 7 Advanced skills on indoor climbing wall.
- 8 Knots, belaying / lowering, climbing skill development .
- 9 Solo belaying, communication, problem solving on routes.
- 10 Consolidation of solo belaying, techniques and knots. Assessment preparation and skill revision.
- 11 Video assessment of isolated and applied skills on outdoor climbing wall.
- 12 Video assessment of isolated and applied skills on outdoor climbing wall.